



ARISTO

TRAINING COURSES FOR PROFESSIONALS IN THE THE HEALTHCARE SECTOR

In short:

Aristotle's teachings may be 2400 years old, but they can still provide a basis for medical or non-medical professionals.

Themes such as working successfully and efficiently, giving meaning to one's professional activity and creating work motivation were already mentioned by Aristotle. Learning to assess information correctly, communicate well and learn to make decisions are also - even after 2400 years - still relevant for health professionals.

Add to this Ethos, Pathos and Logos, which Aristotle taught in his *Ars Rhetorica*, and you will understand why we have chosen the name ARISTO for our training courses, which are adapted to healthcare professionals and organisations.

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We are professional trainers, coaches and consultants with professional experience in the hospital world and expertise in working with medical professionals.

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We want to offer our years of experience and expertise in training programmes to Healthcare Professionals and support related "charity organisations" with a percentage of the proceeds.

With scientific and non-scientific training courses, we offer added value to professionals in the performance of their medical activities.

This is done by organising creative and innovative solutions and "blended" training programmes that fit the medical working environment.

Healthcare professionals feel the need for additional competencies when performing their activities.

ARISTO fills this void with training courses on:

- **Communication**
Communicating clearly and assertively, negotiating, conversational intelligence ...
- **Performance and efficiency**
Time management and priority setting, meeting techniques, problem analysis and decision-making, project management conflict management, vision-mission strategy ...
- **Leadership**
The different leadership styles, building and coaching a strong team according a strong team according to the model of Lencioni, situational leadership, evaluation interviews with impact ...
- **Change management**
Example: successfully introducing and guiding a new way of how to deal with resistance to change, ...
- **Profiling and team strengthening**
Get to know yourself and your team better, how to trust each other, how to improve communication and cooperation and grow into a stronger and more engaged group
- **Scientific communication and analysis**
Transmit scientific and medical information to a broader public, and to convey the story behind the data fluently and in written and oral language, understanding, applying and communicating statistical data
- **Personal coaching**
Analysing strengths and weaknesses, targeted coaching on new new competences and skills or those to be refined, ...